

MENDOCINO **Coast, Wine Country** **and Redwood Forests**

**Index, MAPS, Restaurants, Lodging,
Art Galleries, Gift Shops,
the Healing Arts and Points of Interest**

NEW 2018 EDITION

COLOR FEATURES

(Updates Being Added Weekly)

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www.northofsf.com

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This book is dedicated to all the “mom & pop” businesses who believe in me and this project. Thank you to the late Mendocino Coast author and pilgrim Barbara Dorr Mullen and to artists Byrd Baker and J.D. Maylhew who’s courage helped to save the California Grey Whale. Their passion and spirit encourages those who love life above all else to step into their inner radiance and walk the path of right livelihood.

Special thanks to all the souls whose time, patience, and resources helped to make this book possible. We all returned to the shores of this Mystical Coast.

PRICES & CHANGES: All listings in the various sections of this book were cross-checked for accuracy; however, the Publisher cannot guarantee the compilers’ correctness of the information furnished them or the absence of errors. Prices mentioned in the features are subject to change due to fluctuations in the economy and management. Operating hours are also subject to change, especially on a seasonal basis in rural areas. As a rule of thumb, room rates may increase \$5 - \$10 per room per year.

40 YEARS of QUALITY: Since 1975 Robert W. Matson has been publishing regional travel books of exceptional quality. Books that are extremely concentrated with valuable information and more than fairly priced. "Everything I write about I experience first hand," he states. The Mendocino Coast, Wine Country and Redwood Forests is his 5th title - bringing the total to 100,000 travel books in print! This edition is his first ebook.

Whenever an illustration or photograph is integrated into the text of an individual destination, there was a fee charged. In order to participate in a paid feature in this book each destination had to pass specific criteria established by the author, Robert W. Matson. Each destination is exceptional in one way or another. Quality always comes before personal profits; in that way the consumer is assured of a top notch guide book to the best, whether moderate or expensive; accommodations, restaurants, galleries and general stores North of San Francisco.

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COVER PHOTOGRAPHS: The tallest trees on earth are depicted in Jon Klein’s photograph “Montgomery Woods” (see page 185). Lush bunches of organically grown - GMO free grapes from Mendocino Counties first organically grown vineyard was taken by Susie Lolonis (see page 186). Veteran photographer Bill Elliot of Gualala took the wrap-around sunset photo of “Havens Neck”.

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North of San Francisco Guide Book TM

The Mendocino Coast, Wine Country and Redwood Forests

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WELCOME! To The Mendocino Coast, Wine Country & Redwood Forests!

HOW TO USE THIS BOOK

Over four decades of travel and contact with knowledgeable residents and curious visitors to the north coast helped to field test and engineer this practical, unpretentious and easy-to-use guide book. This book is divided into four chapters. The maps beginning on Page 3 are laid out in co-ordinates to help you locate cities, landmarks and destinations. The alphabetized index beginning on Page 248 lists destinations by page number and map grid. For example, in the Coastal Communities Index (page 248), Mendocino is listed on Page 64 and has been assigned the Map Grid of B8. To find the location of Mendocino, go to the Maps (Page 3) and follow them up from San Francisco north to the 8th Coordinate and then go over to the B Column and you will locate Mendocino in the mid left hand corner of that Sector. Individual destinations follow the highways in geological order, usually from south to north and/or east to west. Happy Trails!



"Room With A View" Painting by Lynne Prentice of Prentice Fine Art Gallery & Framing (707) 937-5205

PRICES and HOURS of OPERATION

All listings in the various sections of this book were cross-checked for accuracy. Prices mentioned in the features are subject to change due to fluctuations in the economy and management. Operating hours are also subject to change, especially on a seasonal basis in rural areas. As a rule of thumb, room rates usually increase \$5 - \$10 per room per year. So what costs \$70 in 2017 will probably cost \$80 in 2018, \$90 in 2019, \$100 in 2020 and so on. Menu prices usually increase about 10% to 20% per year. The following price rating symbols accompany each restaurant and lodge in the **DINERS and LODGING CHOICE** selections at the beginning of each community.

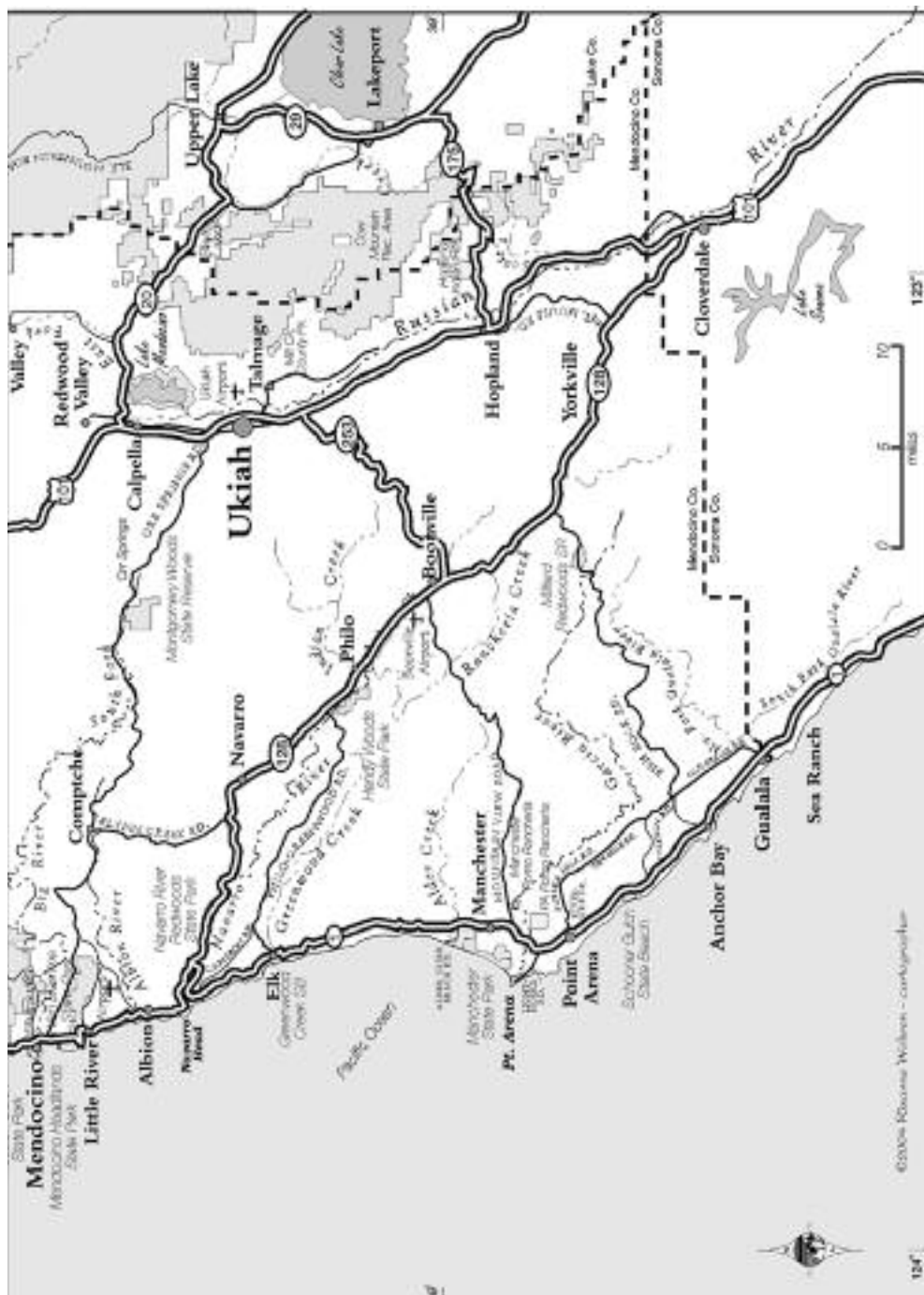
(\$) Inexpensive to Moderate: Meals under \$15, Lodging under \$75/2
(\$\$) Moderate to Expensive: Meals \$16-\$30, Lodging \$75-\$200/2
(\$\$\$) Very Expensive: Meals over \$30, Lodging over \$200/2

A WORD ABOUT THE REVIEWS

I have the opportunity to frequent the coastline, wine country, redwoods and mountains. These roads and the people who live here are well known to me and the reviews are accurately written with a depth of first hand experience few travel writers ever achieve. Shop and compare.

Each restaurant, accommodation, general store and winery is personally inspected and the proprietors interviewed. Each restaurant has been dined at 2 to 3 times prior to being written up. I have always personally inspected each accommodation and interviewed the proprietors for their amenities. I always pay my way, accepting little more than a cup of coffee on the house. However, on occasion I have sampled certain dishes to give the innkeeper or chef feed-back. I also do marketing for many of the destinations I have written up making the write-ups detailed and super accurate for you the consumer.





©2004 Koonce Walker - cartographer

134°



THE COAST OF MENDOCINO COUNTY

By Barbara Dorr Mullen

Some say the coast of Mendocino County reminds them of Maine. Others insist it is more like Scotland, or perhaps Japan.

With or without a family resemblance to anyplace else in the world, this twisting rocky shore is a very beautiful part of California, extending a welcome to sensitive visitors.

By long custom, the coast divides into three parts - the south coast, the middle (including the best known town, Mendocino, as well as several state parks) and the somewhat mysterious northwest corner, beyond Rockport.

The south coast starts just north of The Sea Ranch (at the northern tip of the Sonoma County coast). This is the mildest section, sometimes known affectionately as the banana belt. There is a fine string of beaches, coves and cliffs, between and in the small towns of Gualala, Anchor Bay, Point Arena, Manchester and Elk. Along the south coast, Highway One sticks close to the ocean, except for a slight turn inward around Manchester.

There's a variety of motels and inns for travelers along the south coast. Though a large number of rooms are available, reservations are advised, especially during such special events as the Art in the Redwoods show, sponsored each summer by Gualala Arts.

The best known section of the Mendocino Coast is the middle part, some 35 miles from Navarro-by-the-Sea where Highway 128 comes out of the redwoods and meets the Pacific north through Albion, Little River, Mendocino, Caspar and Fort Bragg to Westport.

North of Westport, there's at least one notable beach and a few well known inns, but signs of civilization decrease as Highway One nears Rockport, a once prosperous lumber town. There the highway turns away from the ocean, joining U.S. 101 at Leggett. Without a highway, the northwest corner of Mendocino County's coast remains mysterious and hard to reach, save by foot, horseback or off the road vehicle. This "Lost Coast" region is full of natural revelation and discovery.

The whole coast shares a common history, due to a common product - lumber. Vast redwood forests grew here almost undisturbed until the mid-nineteenth century. The Pomo Indians native to the area had developed a sophisticated culture, producing baskets that now grace museums lucky enough to own them.

Then word of the great stands of timber spread, attracting lumberjacks from around the world. The cemeteries along the coast bear witness to immigrants from Finland, Sweden, Germany, England, the Azores, Portugal, Italy and elsewhere. Sawmills dotted the coast: blacksmith shops, livery stables, hotels, saloons, breweries, general stores, schools, churches and post offices grew up around them. The towns were linked by narrow and muddy roads, served by stagecoach. Lumber was sent to market in San Francisco and beyond via small schooners, loaded at wharves or by means of rickety chutes, stretching out from the cliffs. The crews were brave for the waves could be savage, the weather unkind and the rocky cliffs cruel both to ships and sailors.

After the first great cuts swept hillsides bare, the area began to suffer an almost chronic depression. Old houses and barns stayed because new ones were too expensive.

In the forties and fifties, artists began to discover the area and tourists followed. Now, though lumber is still important along with fishing, beauty is perhaps the Mendocino Coast's most important "crop", the natural beauty of beaches and streams, hills and headlands and the made beauty of artists, influenced by the area.

There are many galleries and shops at Mendocino and elsewhere along the coast, together with lovingly restored old houses (ranging from simple salt boxes to victorian showplaces). There is also the famous Mendocino Art Center (in the town of Mendocino). The Art Center offers a full year's schedule of classes, concerts, poetry readings, films, wine tastings and art fairs. The town itself has old streets to explore (mid-week is quietist) plus a healthy complement of restaurants and shops.

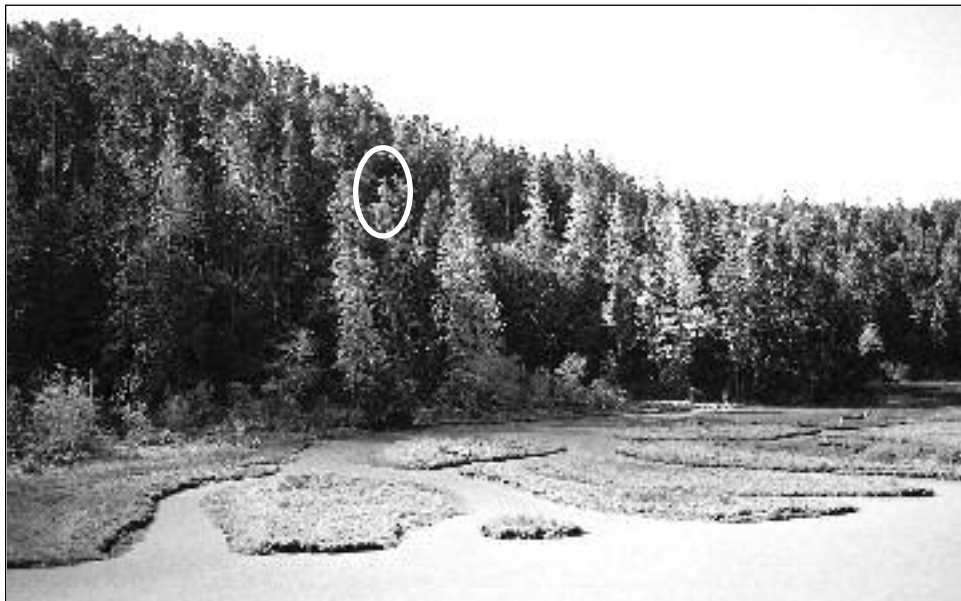
Albion and Noyo are centers for fishing (crab, sea urchin and salmon are the most important catches). Fort Bragg, western terminus of the Skunk railroad, is the largest town on the coast, a shopping center with a hospital, architectural treasures and galleries of its own.

While a number of side roads lead to the coast (the Greenwood Road, Comptche Road, Low Gap Road), the main access is via either Highway 128 which turns west at Cloverdale or Highway 20, swinging west over the mountains at Willits. There is daily service by MTA Bus (Highways 128 and 1 to Fort Bragg), a scenic train ride to Fort Bragg on the Skunk and an airport at Little River. Main roads are narrowish and shared with lumber trucks, bicyclists, motorcycles and RV's so good driving etiquette is necessary. Accommodations range from the elegant to the ordinary; reservations are advised.

The coast is an area of fog, especially in summer when it usually burns off in the afternoon. In a normal year, the rains are apt to be heavy from November through May; when rains are scant, local water shortages are common. When it's hot inland it's often foggy on the coast. When it's clear on the coast it's often rainy inland. August through mid-October are often blessed with beautiful sunny days and gorgeous sunsets. The winds can be high but frosts are rare and snow is rarer.

Although there are many scheduled events (from art shows and to the world's largest salmon BBQ; to rodeos and flower shows) throughout the year along the Mendocino Coast (a subscription to the Mendocino Beacon will keep you posted), some of the most memorable events are unscheduled - gulls drifting above an ocean as blue as lapis lazuli, the excitement of a sudden storm lashing the cliffs or the soft sheen as fog burns off above rail-fenced meadows covered with majestic cob webs.

So far, the area has been fortunate in resisting neon signs, cell towers and other tokens of progress. Local naturalists invite visitors to join them in keeping flowers and trees in the woods, birds in the air and litter someplace else.



CONSCIOUS TOURISM

Conscious Tourism is the relationship between traveler and destination which celebrates, promotes and affirms all life Conscious Tourism brings awareness of the interactions of each aspect of traveler and destination that is the most life affirming. We are all travelers on planet earth. Where we go, what we think, what we consume has a powerful impact on the web of life we interact with. If we learn to motivate out of love in the partnership model with all life - we can contribute personally to help create paradise on earth.

LETS LOOK AT MENDOCINO COUNTY

The coastal purity of the air, the living water, the natural richness of the soil, the lush rainforests of evergreen and redwood all contribute to an environment for health.

Rural in terms of population and development and rich with natural resources, Mendocino County is a womb for creativity. Artisans, farmers, healers, inventors, Native Americans, retiree's, visionaries, white & blue collar workers and lovers abound. A plethora of "mom and pop" business's flourish here, mainly around tourism and along the highways. Many residents and visitors to Mendocino County are actively and consciously engaged in creating a sustainable world which supports farmers who grow crops organically, energy sources that catch the wind, the sun and crops that can be transformed into bio-diesel and ethanol fuel and spun into a web of money and power not addicted to the petrol-chemical industry.

Mendocino County is a land of plant worshippers - redwood and oak forests, vineyards, marijuana, fruit orchards, vegetable and herb gardens - both wild and domestic - and now GMO free. A wise person leads their loved ones to clean air, pure water and healthy natural foods. Purified water, unless it comes from a rarified mountain spring or artesian well is another subject. Only non-chlorinated living water which has been drunk within 20 minutes of leaving the bowels of mother earth contains the crystalline snowflake purity that a body requires to stay truly healthy. Mendocino County offers a plethora of wild and nature-crafted gardens for important sources of nutrition and genetic information for our bodies molecular structure. Menu choices are up to you. Choose love over fear, organic and living foods over processed, living water over treated, partnership over dominator and you will live a lot longer.

Introduction to Conscious Tourism Mendocino County 9

An osprey or "sea eagle" lands in its nest (see circle on previous page) in the Big River watershed. A movement spanning the globe created a war chest of \$25.7 million to purchase 7,334 acres from Hawthorne Timber Company to protect 50 miles of Big River. Trails lead into the wilderness just east of Big River Beach where you and your loved ones can hike in the pristine ocean air scented with the evergreen and redwood forests of the Mendocino Coast. From the child who gave a \$1 to the foundation that gave \$1 million - thanks. This was an act of life promoting consciousness .



More than half the population of Mendocino County approved a ban on GMO's (genetically modified organisms) and more than 1/2 question the validity of government and political lobbyists who profit by restricting freedom and natural balance. The 55% are fashioning a local paradigm that works for all involved. Spiritual teachers, healers and therapists are showing up to teach us how to motivate out of love, not fear - one person at a time and the numbers grow daily. This vacationland could literally change the way you think about freedom and travel for the rest of your life. This is a great opportunity for you to begin your personal journey to optimal health, right-livelihood and perhaps step into your inner radiance as a sovereign human.

Photo by Denny Lopiano / North Fork Cafe



The "living waters" of the Middle Fork of the Eel River and a water crystal photographed by Dr. Masaru Emoto that has been infused with a prayer of love and gratitude., from the book The Hidden Messages In Water by Masaru Emoto.

displays. S.L.C. also has skilled planners for sun, wind and hydroelectric applications for your car, RV, boat, home or work area. At locations up and down California you can buy bio-diesel fuel (if your car is powered by a diesel engine). The city of San Francisco has a fleet of hydrogen-electric fuel cell cars, numerous solar arrays on downtown buildings and nearby wind farms. So what is the hang-up? Why aren't we already off oil and riding in non-polluting cars, boats, aircraft and trains?

PARADIGM SHIFT OCCURS WHEN

It is not a matter of destroying the present system, but of empowering the people so that they have it within themselves to create a new culture - to become architects of consciousness and orchestrators of society.

When enough people begin to withdraw their energy from the harmfulness of a system, and stop reinforcing it, a more clear-cut separation between the dominant culture (dominator model) and the people who have rejected it will become apparent. Then, all the people moving around in confusion and disease will be able to focus, to see the difference more clearly and make their choice as to which way they want to live. You may want to explore the Healing Arts section of the 2006 edition.

LIVING WATER

Our bodies are 70% water. Both water and quartz crystals (silica) or computer chips are highly programmable. For example, the crystalline structure of a glass of water can be changed simple by cupping it with your hands and offer a prayer of love and gratitude. The same is true of a glass of wine or plate of food. Pray and bless consciously and you will promote your own health and longevity. Conscious Tourism embraces these types of relationships.

SOURCES OF ENERGY

Sources of energy compatible with maintaining air, water and food purity include the sun, wind, water, plant derived oils and alcohol and extraction of hydrogen, the single most abundant element in the Universe. At the Solar Living Center in Hopland and at Out of This World in Mendocino there are hydrogen fuel cell technology



The tiny 60 mpg "Smart Car", is one option which Conscious Tourists visiting Mendocino will be able to utilize on their vacation.

The new paradigm embraces the partnership model and motivates out of love, not fear. It creates a sustainable partnership with life - opening up the possibility of creating a personal paradise on earth. Healing, vision, interconnectedness, interaction, balance and health are then attained, first on a personal level, then in family and community and then regionally.

Join me in participating in one solution. Lets take a look at northern California's regional economy. Tourism is now the number one industry, but tourism relies on cheap fuel and reliable highways and freedom of movement. Imagine 1,000 "mom and pop" business's working in concert with 1 million conscious consumers who want to create a paradigm of sustainability based on renewable or infinitely perpetual resources of energy

such as the sun. These two groups will create a grass roots economic power base. Lets ground it with a solid economic foundation that is relatively immune to being tampered with by the same entities that have placed us on the the very brink of extinction. To get to the world we want to create we unfortunately must first build a bridge. Pain and Love are great motivators. The bridge builders must be highly ethical people who operate out of the partnership model in total truth, openness and honesty. They must also bond the four generations, the retiring baby boomers, Gen Xers and the emerging eco-generations, into a respectful model of collaboration - not competition. We need the proper tools to build the bridge. Some of us will turn to personal and group sovereignty to vacate the control and corrupt jurisdiction of those who operate out of the old paradigm - the dominator model. Others of us will work from within the old system and "watch the grass grow between the cracks in the sidewalk." Every act of creation begins with an act of transformation (life - death - life) and the force of life emerges. What makes us different from animals is that we can discern cause and affect and create timelines to make things happen.

When we honor and connect ourselves and our visitors to the very soul of the land we call home we pay them a great honor. In these early years of the new millennium we can choose to plant the seeds of hope and affirm that we will not accept anything less than a partnership with nature and each other which promotes respect and freedom for all life.



*Top: One of several Mendocino County Farmer's Markets
Bottom: Artist-dancer Blake 's Bio-Diesel "Eartha Karr".*





HERITAGE HOUSE

The most prominent and famous vacation destination on the Mendocino Coast is the Heritage House, located just south of Little River and the town of Mendocino. The history of Heritage House is colorful. In the late 1800's San Francisco beckoned growth and the gold rush brought an army of eager pioneers to the mountain's and forests. The coastline and forests around Heritage House are lined with historic secrets now lost in the storms and mist of a hundred years, but for displays in a few glass showcases at Heritage House.

When the Dennen family arrived from the state of Maine in 1877, they brought with them a love of the sea and a determination to build new and better lives. In 1949 Lauren and Hazel Dennen purchased their property and began creating Mendocino's first country inn. Over the years famous Heritage House moments have been shared with America. Film stars Alan Alda and Ellen Burstyn brought new meaning to aging gracefully by arriving as young lovers and returning as grandparents in the motion picture "Same Time Next Year".

Today sixty nine cottages, rooms and suites are scattered over 37 acres of spectacular gardens along the rugged Pacific coastline. You'll share this dramatic and bold, yet very civilized setting with the soft gaze of deer, the rainbow blur of hummingbirds and the social antics of the Muscovy ducks. Guests are pleased to find that no two rooms are alike. The decor varies from old fashioned comfortable furnishings to sumptuous and elegantly furnished suites. Most rooms have fireplaces or wood-burning stoves to take the chill from a cool winter's evening.

One of the Mendocino Coast's "Best Kept Secrets" are the romantic wedding ceremonies hosted in the seaside gazebo



Others have whirlpool bathtubs overlooking a white water cove, or panoramic ocean view decks where your cares may be tossed to the wind. There are no telephones, TV's or radios in the rooms creating truly intimate "high touch - low tech"

environments conducive to emotional and spiritual growth. Seasonal rates are from \$279/2, oceanview with tub \$369/2 and the Heritage Suite from \$699/2. Off season rates are more economical.

In the 5200 Restaurant dinners are elegant and sumptuous. Breakfast, brunch and dinner entrees are homemade on-the-premises from fresh seasonal ingredients hand picked by the chef and staff. Much is organic produce from nearby gardens. Three separate dining areas enable guests to sit and gaze at the pacific from nearly every table, while savoring the



delectable dishes of the talented chef. Homebaked breads, fresh squeezed juices, divine desserts and an award winning wine list featuring California vintages. Friends from

around the world bond in the oceanview bar. Heritage House honors unparalleled beauty and a tradition of elegance.

\$\$\$-\$\$\$ HERITAGE HOUSE
Restaurant, Gardens and Lodging
fax: (707) 937-1356

5200 N. Hwy 1, Little River, CA. 95456
www.heritagehouserestaurant.com
Reservations Necessary: (707) 202-9000

MENDOCINO



This story book community has been a sanctuary for weary travelers since its inception in 1878. Award winning restaurants, cozy lodging and spectacular art galleries nurture the mind, body and soul. You are invited to do a "Walkabout" of self discovery as you re-create in this wonderful destination.

Award winning photographer Russ Christoff took the above photo and named it "Fence and Main". Russ states, "The split rail fence surrounding Mendocino's "blow hole" can be the perfect foreground for the main street. The area is also a great walk with breathtaking views of the bay behind you, and closer to the bluffs can be found a great picnic spot . . . all your own." You can contact Russ at 925-382-4956 or view his photos at Edgewater Gallery in Fort Bragg or the Mendocino Art Center in Mendocino.

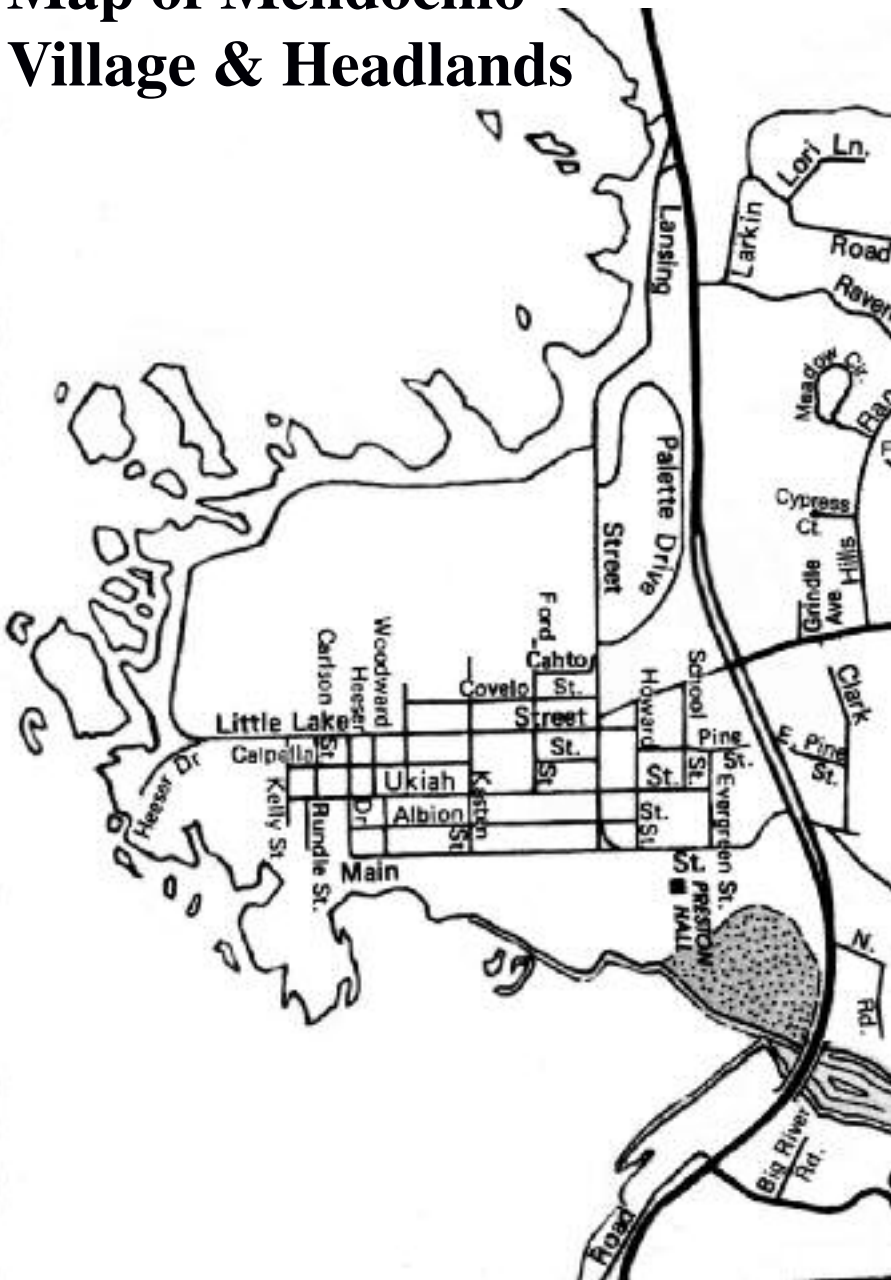
Mendocino, located 120 miles north of San Francisco, is a coastal village with a "small town personality", which was named by Spanish explorers for Cape Mendocino. The population is 800 plus and Mendocino is on the National Register of Historic Places. It can be reached from the southeast by State Highway 128, from the northeast by State Highway 20, the north/south by state Highway One or by traveling the remote and picturesque Comptche-Ukiah Road. Rarely does the temperature go over 89 degrees, however days can be windy and winter storms fierce and exciting.

The cleanest air and clearest light blesses visitors and the artist community who create here. Visitors can escape the summer heat and stay in a multitude of hotels, bed n breakfast inns, campgrounds and RV parks. Fancy to traditional restaurants satisfy appetites from raw-vegan to steaks and seafood. Cafes offer snacks and meals under \$6.00 and hotels rooms under \$95.00. Those seeking more extravagant and romantic dinners and accommodations will not be disappointed as there are many choices.

Mendocino is a fun town to explore with the many whimsical and artistic shops, boutiques and galleries. Families with children and pets enjoy hiking the many trails around the headlands and Big River Beach, but beware of the sleeper waves. The health oriented or those with a healing crisis can rejuvenate in the spas, massage therapy studios and visit the health food stores and alternative medicine specialists who live and work here. Those on a "walk about" often are here for deeper reasons than shopping world class galleries and dining at award winning restaurants. Shopping with the "Six Senses" brings new meaning to your vacation and savvy investors prosper by investing in original art and jewelry.

Here is Today's Weather, Today's Tide Chart, and Today's Nighttime Star Chart. Road conditions and web cams can be viewed here: Web Cam on Mendocino's Main Street. The elevation of Mendocino is from 1 foot at Big River Beach to 150 feet at the historic hillside graveyard. Be alert - travel with LOVE in your heart and you will be safe.

Map of Mendocino Village & Headlands



LET'S EAT! Casual to Formal

ALBION, LITTLE RIVER and MENDOCINO RESTAURANT LISTINGS

All of these restaurants, cafes, delis and coffee shops have been personally reviewed by the author or are personal favorites of many reputable locals. Call for seasonal or current hours just to be sure. Remember to drive safely being aware of children, pets, wildlife and other vehicles. If a page number is in front of the name than there is an additional review. For additional information view the Albion-Little River, Mendocino home page on the parent website www.northofs.com Blessings and Bon Appetite!

ALBION and LITTLE RIVER

Page	RESTAURANT	TYPE of FOOD	ADDRESS	PHONE
	1. Albion Flats Cafe	Burgers / Pizza	Albion Flats	937-0606
	2. Albion Market	Mexican-American Deli	3380 Albion Ridge Rd.	937-5784
	3. Albion River Inn	California Cuisine	3790 Hwy 1	937-1919
	4. Circa 62 School House Cafe	Gourmet Breakfast	7051 N Hwy 1	937-5525
	5. Heritage House	California Cuisine	5200 N. Hwy 1	937-0632
	6. Ledford House	Country French	3500 N. Hwy 1	937-0282
	7. Little River Inn	Mendocino Cuisine	7901 N. Hwy 1	937-5942
	8. Little River Market	Mexican-American Deli	7746 N. Hwy 1	937-5133
	9. Wild Fish	California Organic & Seafood	7750 N. Hwy 1	937-3055

MENDOCINO

Page	RESTAURANT	TYPE of FOOD	ADDRESS	PHONE
10.	Cafe Beaujolais	California Cuisine	961 Ukiah St.	937-5614
11.	Cultured Affair	Soups & Sandwiches	250 N. Main	937-1430
12.	Corners of the Mouth	Health Food	45015 Ukiah	937-5345
13.	Dick's Place	Full Bar / Snacks	45070 Main	937-5643
14.	Flow Restaurant	Organic California Cuisine	45040 Main	937-3569
15.	Frankies Pizza & Ice Cream	Soup, Pizza, Ice Cream	44951 Ukiah	937-2436
16.	Good Life Cafe	Espresso & Comfort Food	10483 Lansing St.	937-0836
17.	Garden Bakery of Mendocino	Fresh Baked Goods	410450 Lansing St.	937-3140
18.	Harvest Market @ Mendosa's	Soup, Salad, Buffet	10501 Lansing St.	937-5879
19.	Mac Callum House	Local California Cuisine	45020 Albion St.	937-5763
20.	Mendocino Cafe	International Cuisine	10451 Lansing St.	937-2422
21.	Mendocino Hotel	California Cuisine	45080 Main	937-0511
22.	Mendocino Market Deli	Soup, Salad, Sandwiches	45051 Ukiah St.	937-FISH
23.	Moody's Coffee House	Espresso & Snacks	10450 Lansing St.	937-4844
24.	955 Ukiah	California Cuisine	955 Ukiah St.	937-1955
25.	Patterson's Pub	Full Bar Irish-American Food	10485 Lansing St.	937-4782
26.	Raven's Vegetarian Restaurant	Vegan	Hwy 1 & Comptch-Ukiah Rd.	937-5638
27.	Taqueria Mendocino	Mexican-American	10483 Lansing St.	937-2237
28.	Tote Fete	Mexican-American Deli	10450 Lansing St.	937-3383
29.	Trillium	Mendo-California Cuisine	10390 Kasten	937-3200

Overnight Accommodations

ALBION, LITTLE RIVER and MENDOCINO LODGING LISTINGS

Each of these Bed n Breakfast Inns, Hotels, Motels, Retreat Centers and Campgrounds have been personally reviewed by the author or are personal favorites of reputable locals and visitors. Call for seasonal or current hours just to be sure. Remember to drive safely being aware of children, pets, wildlife and other vehicles. If a page number is in front of the name than there is an additional review. For additional information view the Albion-Little River, Mendocino home page on the parent website www.northofs.com Pleasant Dreams and Blessings!

ALBION and LITTLE RIVER

Page	LODGING	TYPE	ADDRESS	PHONE
	1. Albion Flats Campground	Camping & RV's	Albion Flats	937-0606
	2. Albion River Inn	Rooms & Suites	3790 Hwy 1	937-1919
	3. Andiron Lodge	Cabins & Suites	6051 N. Hwy 1	937-1543
	4. Cobblers Walk Inn	Bed n Breakfast	8200 Hwy 1	937-0088
	5. Dennen's Victorian Farmhouse	B n B	7001 N. Hwy 1	937-0697
	6. Fensalden Inn	Bed n Breakfast	33810 Navarro Ridge Rd.	937-4042
	7. Glendeven Inn	Bed n Breakfast	8205 N. Hwy 1	937-0083
	8. Heritage House	Cabins & Suites	5200 N. Hwy 1	937-0632
	9. Little River Inn	Cabins, Rooms & Suites	7901 N. Hwy 1	937-5942
	10. Mendocino Spa	Bed n Breakfast	8211 N. Hwy 1	593-4255
	11. School House Inn	Rooms & Cabins	7051 N Hwy 1	937-5525
	12. Stanford Inn	Rooms & Suites	3790 Hwy 1	937-5615
	13. Van Dam State Park	Campground & RV's	8001 Hwy 1	937-5804

MENDOCINO

Page	LODGING	TYPE	ADDRESS	PHONE
	14. Alegria Inn	Bed n Breakfast	4481 Main Street	937-5150
	15. Agate Cove Inn	Bed n Breakfast	11201 Lansing Street	937-0551
	16. Blackberry Inn	Rooms & Cabins	44951 Larkin Rd.	937-5281
	17. Blue Heron Inn	Bed n Breakfast	390 Kasten St.	937-3200
	18. Brewery Gulch Inn	Bed n Breakfast	9401 N. Hwy 1	937-4752
	19. Didgeridoo Inn	Bed & Breakfast	44860 Main Street	937-6200
	20. Headland's Inn	Bed n Breakfast	Corner Howard & Kasten	937-4431
	21. Hill House	Bed n Breakfast	45270 Main Street	937-2217
	22. John Dougherty House	Bed n Breakfast	571 Ukiah	937-5266
	23. Joshua-Grindle Inn	Bed & Breakfast	44800 Little Lake Rd.	937-6022
	24. Larkin Cottage	Cottage	44950 Larkin Rd.	937-2567
	25. Mac Callum House	Bed n Breakfast	45020 Albion St.	937-0289
	26. Mendocino Campground	Campground & RV's	9601 N. Hwy 1	880-7710
	27. Mendocino Hotel	Rooms & Suites	45080 Main Street	937-0511
	28. Mendocino Village Cottages	Cottages	P.O. Box 1295	937-0866
	29. Raku House	Bed n Breakfast	998 Main St.	800-780-7905
	30. Stanford Inn	Rooms & Suites	3790 Hwy 1	937-5615
	31. Sea Gull Inn	Bed n Breakfast	44960 Albion St.	937-5204
	32. Sea Rock	Cabins & Suites	11101 Lansing Street	937-0926
	33. Sweetwater Spa & Inn	Rooms & Suites	44840 Main Street	937-4076
	34. Whitegate Inn	Bed n Breakfast	45270 Main Street	937-4892

MENDOCINO

OUT OF THIS WORLD



Since 1988, [Out of This World](#) has been the purveyor of great educational and science-theme toys, games, puzzles, gadgets, science kits, chemistry sets, robotics and more, from their brick-and-mortar store in Mendocino, California. They are also the largest binocular and optics retailer in Central and Northern California, specializing in name brand optics from Nikon and Pentax to Leica, Swarovski and more! At their online store you're now able to browse through all of the great toys, games, science kits AND optics you've come to expect from them - all from the comfort of your home. If you're just looking for our amazing selection of optics, just click here to visit [Out of This World Optics](#). The owners and staff work with the local [Mendocino Audubon Society](#) to provide you the best info on bird watching the Mendocino Coast and Headlands. Take a look around and send an [e-mail](#) or call us at 1-800-228-8252 if you need any help placing an order!

Out of This World is open daily from 10am - 5:30pm and on Sundays from 10am - 5pm.

\$\$\$ OUT OF THIS WORLD

Telescopes, Binoculars, Scientific/Environmental Toys and Gifts. Cash or Credit Card.

45100 Main Street, Mendocino, CA. 95460

On Line Website: www.outofthisworldshop.com

(707) 937-3335 Information



HEADLANDS INN Bed & Breakfast

The Headlands Inn, a 3-story New England Victorian “salt-box-by-the-sea”, offers ocean, village and garden views extraordinaire. All six rooms and a cottage have private baths, wood burning fireplaces, featherbeds and lots of nice amenities (robes, large fluffy towels, hair dryers, clock radios and there is a parlor telephone). The romantic cottage also has satellite TV/DVD, microwave, refrigerator and large spa tub with jacuzzi jets and shower.



Denise & Mitch enjoy being innkeepers in the historic charm of their 19th century inn and have added many comforts for their guests. Full gourmet breakfasts are served to the rooms on a tray with the San Francisco newspaper each morning. Sample hot breakfast entrees include stuffed French toast with fresh fruit or Southwestern egg casserole with pumpkin bread and pineapple zucchini bread. Each entree is served with organic coffee, tea, and juice.

At the end of the day there is an afternoon tea service with spring water, cookies



and sherry. Rosie the inn-cat will tune you into the miniature world around the inn where butterfly's, hummingbirds, moles, and song birds visit the English flower and herb gardens. Every gallery, boutique, gift shop and restaurant in Mendocino is a short walk away - so throw away the car keys and settle in for a pleasant stay at Headlands Inn. Seasonal rates for 2 are from \$99 - \$269.

\$\$ HEADLANDS INN Bed & Breakfast

10453 Howard Street @ Howard and Albion Sts., Mendocino, CA. 95460

Numerous Amenities, Oceanview

[Headlands Inn Website](#)

P.O. Box 132, Mendocino

Res. 1-800-354-4431 or (707) 937-4431

[BOOK A ROOM HERE](#)



SEA GULL INN

The front entrance of this inn is marked by a hand-carved seagull on a large driftwood sign with the words "Sea Gull Inn — Lodging." First converted to an inn in the 60's, the rooms have provided wonderful shelter for almost 5 decades (rates are \$134-\$189). Your innkeepers are Jim and Ayla Douglas. There are 3 rooms on the first floor which have been christened the Geranium and Look Out One and Two. On the second floor are the Driftwood (with gas fireplace), Abalone, Sea Urchin and Sand Dollar. Out back is "The Barn" with a double bed loft and stairway with sitting room and queen bed downstairs (ideal for families—sleeps 4). The Shed (\$149/2) with sink, toilet and full shower. Each newly remodeled room has a private bath or shower. A hearty organic breakfast is included in the rate and served in your room. Beautifully landscaped grounds and flower gardens beckon outside your window.



Located in the heart of Mendocino and within easy walking distance of the Sea Gull Inn are interesting shops, restaurants, galleries, theater and the Art Center. Whether you choose to participate in the abundance available or have a quiet stay, the country charm of the Sea Gull Inn will make your visit memorable.

\$\$\$ SEA GULL INN www.seagullbb.com 1-888-937-5204 Toll Free
 Oceanview Bed & Breakfast Open all year Call for a free brochure
 44960 Albion St., Mendocino, CA 95460 (707) 937-5204 Res. Advised

MUSIC, ART and THEATER

For decades Mendocino has served as a magnet for artists and art-lovers. It is a mysterious process as to what makes an "art colony". It seems that once a few artists settle in an area, more are drawn to it, fired by a desire to escape bureau- cracy and live in the vicinity of other free-thinkers and creative spirits. Mendocino, with its rugged natural beauty on all sides, would seem a natural choice.



The big tent alerts visitors to the world famous Mendocino Music Festival

The village is nostalgically human-scaled, with buildings no more than two stories high, and few enough that one can comfortably stroll the town in a day.

Here is a paint box paradise, with vistas that are transformed not only by miles, but by minutes, in the constantly shifting sunlight. As weather fronts sweep off the Pacific Ocean, they may present a different palette of colors every day. The ever-restless surf and evergreen forests are like gems which show various facets as the lighting changes. On foggy days, tones become softly diffused and muted, layering the landscape like a Japanese screen. When clouds gather on the evening horizon, signaling a storm soon to come, the sunset becomes dramatic with the colors of fire and smoke. Rainy spells are long and drenching, bringing out deep, moody shades. And in the sunny weather that follows, hues are absolutely sparking in the crisp, clean air, while the seas are turned to whipped cream by the winds.

In the post-war era, Mendocino was almost a ghost town, its lumber mill dismantled when virgin redwoods were depleted from the surrounding hills. Its quaint Victorian houses, some in a state of neglect, rented cheaply then, which accounted for an initial attraction for many of the area's "pioneer" artists. Over time, galleries, studios, and a growing number of collectors lined the streets. Inevitably, as the town became refurbished and more desirable, rents rose accordingly. Today, most of the area's artists have spread out into neighboring small towns and down isolated rural roads. Most of these home studios are not open to the public - the artisans use the many exhibit spaces in Mendocino Village to show their creative products.

Mendocino County also boasts a fair number of published writers and poets, and has several small but professional performing arts groups. A full range of musical talents - classic, folk and rock perform regularly or meet "just for fun". In fact, a government survey conducted in the 1980's deduced that this spot has one of the highest per-capita rates in the nation of residents involved in the visual and/or performing arts.

These devotees of the muses often lead double lives, juggling their artistic aspirations with economic realities. It seems that almost everyone has two jobs. The breakfast cook who flips eggs in the morning may be performing light opera that evening. The waitress could be bringing home the paycheck while her husband writes his novel. The salesgirl in the gift shop may spend her days off making jewelry. The hotel maid is really a ballerina. The carpenter holds a PhD in Physics but would rather make handcrafted furniture. . . . Limited job opportunities may simply be one of the many sacrifices a person makes to live in an area of such natural splendor among other folks who share similar ideals. Indeed, perhaps it is this very mix of the mundane with the mystic that gives Mendocino that special air about it, which draws the visitor to it again and again.

GALLERY LISTINGS and ARTIST STUDIOS

Telephone Area Code (707)

Highway 1 - Mendocino South Coast / Gualala to Elk

Alinder Gallery	39140 S. Hwy 1	Gualala	884-4884
Cityart Com. Art Gallery	280 Main Street	Point Arena	882-3616
Discovery Gallery	39140 S. Hwy 1	Gualala	884-1900
Dolphin Gallery, The	39225 S Hwy 1	Gualala	884-389
Elk Artist Collective	6031 S. Hwy 1	Elk	877-1128
Gualala Art Center	38001 Old Stage Rd.	Gualala	884-1138
Henley Art & Interiors	39114 Ocean Drive	Gualala	884-1531
Noma Gallery	39200 S Hwy 1	Gualala	884-1320
Spindrift Gallery	39126 D Ocean Drive	Gualala	884-4484
Studio 391	39102 S. Ocean Drive	Gualala	884-9065

Highway 1 - Mendocino North Coast / Albion to Westport

Anderson Native Wood Gallery	10550 Lansing	Mendocino	937-3434
Artist Co-Op of Mendocino	Kastin & Albion	Mendocino	937-2217
Art @ Odd Fellows	Kastin & Ukiah	Mendocino	937-2486
Celtic Creations Jewelry	Crn. Main & Kasten	Mendocino	937-1223
Cobalt Gallery	45055 Albion	Mendocino	397-4009
Color & Light	10525 Ford	Mendocino	937-1003
Edgewater	356 N. Main	Fort Bragg	964-8798
Gallery Mendocino	45050 Main	Mendocino	357-4810
Highlight Gallery	45094 Main	Mendocino	937-3132
Mendocino Art Center	45200 Little Lake Rd.	Mendocino	937-5818
Mendocino Ceramics Studio	10551 Kasten	Mendocino	937-3459
Mendocino Gems	10483 Lansing	Mendocino	937-0299
Mendocino Jewelry Studio	45040 Albion	Mendocino	937-0181
Northcoast Artists Gallery	362 N. Main St.	Fort Bragg	964-8266
Panache Gallery	45110 Main St.	Mendocino	937-1234
Partner's Gallery	335 N. Franklin	Fort Bragg	962-0233
Prentice Gallery	45110 Main	Mendocino	937-5205
Sea Glass Museum	17801 N. Hwy 1	Fort Bragg	357-1585
William Zimmer Gallery	Lansing @ Ukiah	Mendocino	937-5121
Zacha's Bay Window Gallery	560 Main	Mendocino	937-5205

Highway 101 / Hopland to Leggett

Corner Gallery	201 S.State Street,	Ukiah	462-1400
Grace Hudson Museum	431 S. Main,	Ukiah	467-2836
Jan Hoyman Studio & Gallery	323 N. Main,	Ukiah	468-8835
Willits Center for the Arts	71 E. Commercial St.	Willits	459-1726

Highway 128 / Cloverdale to State Highway 1

John Hanes Gallery	14051 Hwy 128,	Boonville	489-0981
Pepperwood Pottery	720 Salmela Road,	Philo	895-3640

HIGHLIGHT GALLERY

World Class Art - Buy Direct From the Artist in Our Showrooms



The Highlight Gallery on Main Street in Mendocino, has showcased the finest work of Northern California painters, sculptors, fine woodworkers furniture makers and artisans since 1978. Come and visit them in their brand new gallery.

Everything in the gallery is handmade in America. Highlight also offers fine jewelry, natural ocean sand paintings, turned vessels of wood and alabaster, wire sculpture, art glass and hand-crafted gifts. The casual craft lover or serious art collector will enjoy a leisurely stroll through the nine rooms of one





of California's largest galleries. Perhaps most important in visiting the Highlight Gallery, either in person or at our online showroom, is an opportunity to buy pieces of fine art, hand-made furniture and gifts that last a lifetime. There is truly something for everyone.



\$\$\$ HIGHLIGHT GALLERY Mixed Media Specializing in Local Artists
Box 1515, 45094 Main St., Mendocino, CA. 95460 Open 10am - 5pm daily
Website: www.thehighlightgallery.com (707) 937-3132 Info.



MENDOCINO ART CENTER

The Mendocino Art Center is an educational and resource center for the visual and performing arts located in the quiet coastal village of Mendocino 150 miles north of San Francisco. The Mendocino Art Center has gained a national and international reputation which attracts an impressive selection of renowned faculty members, yet has remained small enough for the so very productive dialogues between teachers and students, professional artists and beginners. The faculty, students and indeed the whole town is proud of the wide variety of classes, workshops, slide/lectures, exhibitions, theater productions, festivals, fairs and entertainments.

The Textile and Fiber Arts program presents a wide variety of hands-on classes for all skill levels, from weaving and silk screening to mushroom dyeing, paper making and basketry. The Ceramics program includes classes and workshops in all techniques of pottery making, sculpture, clay preparation, tile-making, glazing, firing, and finishing.

Theater Productions are presented in the Art Center's Helen Schoeni Theater by the Mendocino Theatre Company, which includes a full season of plays, a dramatic readings program, and acting classes. Galleries include the Art Center's Nichols Gallery and the Showcase Gallery on Main Street in Mendocino, as well as the Winona Gallery, which is reserved for private rental. Retail Shops in the Art Center and Showcase Gallery feature local and regional paintings, handmade textiles, ceramics, and other fine arts and crafts.

Housing at the Art Center during the summer session is modest and yet cozy, convenient and reasonably priced. Apartments feature fully equipped kitchens and private baths. Artists in residence can also rent a variety of affordable to expensive studios, cottages, apartments, rooms, and homes by the night, weekend or week within walking distance to 10 miles driving distance. Call or write for a free brochure and calendar of events.



\$\$\$ MENDOCINO ART CENTER
Ongoing Shows & Galleries Mendocino
P.O. Box 765, 45200 Little Lake Rd.,

Low cost lodging available for students
www.mendocinoartcenter.com
CA. 95460 (707) 937-5818 Info

FORT BRAGG and NOYO HARBOR



At the south entrance to Fort Bragg, the new Noyo River Bridge overlooks picturesque Noyo Harbor.

Fort Bragg, located 120 miles north of San Francisco, is a mid-sized city with a "small town personality" that was named after a fort built in 1857 on the surrounding ocean headlands. The population today is 7,000 plus and growing. It can be reached from the east by State Highway 20 and State Highway 128 and from the north/south by state Highway One. Rarely does the temperature go over 89 degrees, however days can be windy and winter storms fierce and exciting.

Visitors can escape the summer heat and stay in a multitude of motels, hotels, bed n breakfast inns, campgrounds and RV parks. Fancy to traditional restaurants satisfy appetites from raw-vegan to steaks and seafood. Snacks and meals can be enjoyed for under \$6.00 and rooms under \$75.00. Those seeking more extravagant and romantic dinners and accommodations will not be disappointed as there are many choices. Many escape the summer heat and smoke for the clear cool air here.

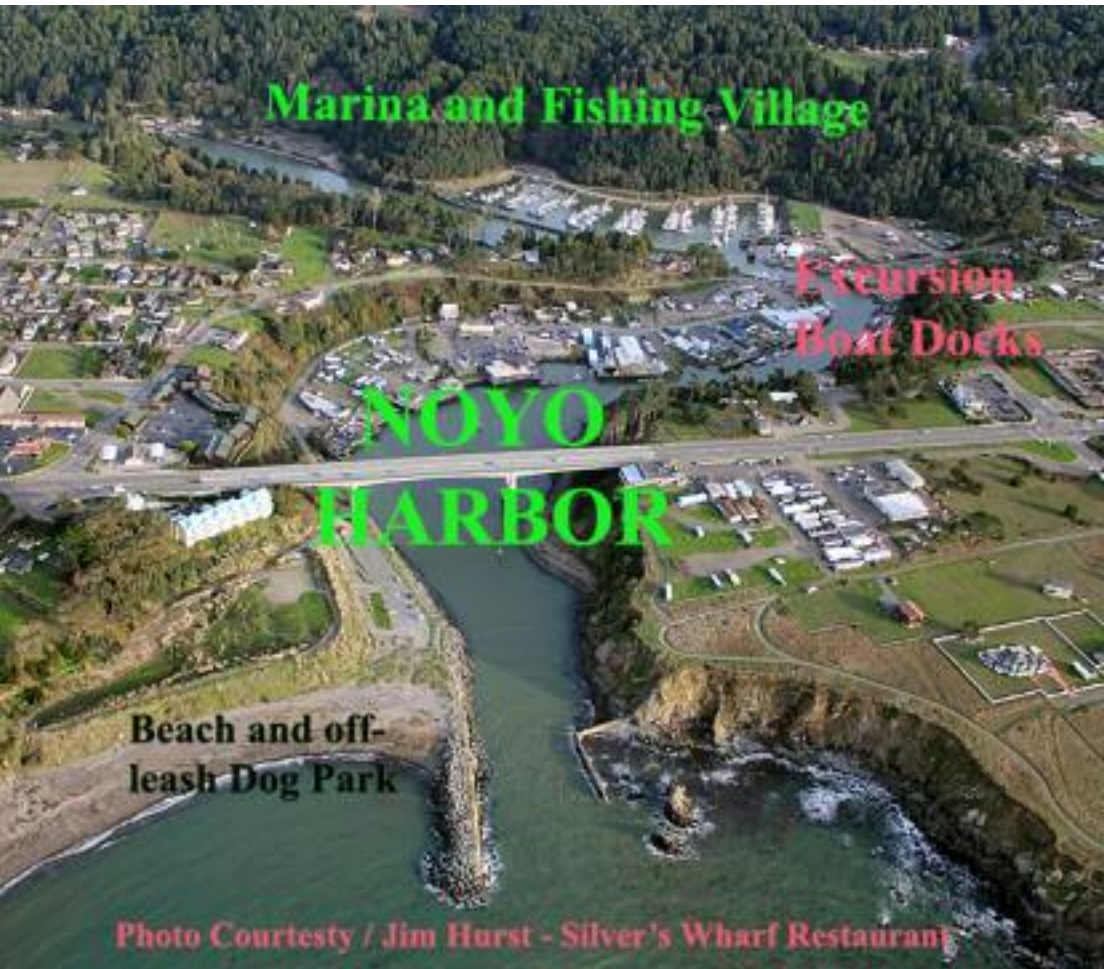
Noyo Harbor is a working seaport; so expect all the activity and smells of diesel boats and the processing fresh wild fish in the cannery. You'll share the harbor drive with fork lifts, big trucks, civilians, dogs, feral cats, raccoons and skunks. The restaurant seafood is excellent and the environment "xzillering". Big harbor seals churn up the waters and bask on the docks, seagulls and ospreys are overhead and the river mouth and bay are full of wild seafood. The world's largest salmon BBQ is held here in July. Party boats, which take you whale watching and fishing, 1/2 dozen restaurants, lodging and a RV park await. The coast guard boats and heroic crews stationed in the harbor do there best to keep everyone safe.

Topside is the historic community of Fort Bragg, also a working community that caters to tourists and offers all the amenities you'll need. The star of the show is Glass Beach, once the town dump turned into a wild art gallery of polished glass pebbles. Numerous hiking trails, three dog parks, bird, wave and whale watching provide exercise and entertainment. Fort Bragg hosts a movie theater, live music and theater arts year around. Visitors on work assignments or tourists are made to feel right at home as the old timers and old ways move over for the millennials.

Here is Today's Weather, Today's Tide Chart, and Today's Nighttime Star Chart. Enjoy the "Mom & Pop" business's linked to and in some cases reviewed below.



The sheltered inner harbor where recreational yachts and the fishing fleet anchor. Nearby are restaurants, lodging, coffee houses, kayak rentals and fishing and whale watching tours.



Marina and Fishing Village

**Excursion
Boat Docks**

**NOYO
HARBOR**

**Beach and off-
leash Dog Park**

Photo Courtesy / Jim Hurst - Silver's Wharf Restaurant

FORT BRAGG and NOYO HARBOR RESTAURANT LISTINGS

All of these restaurants, cafes, delis and coffee shops have been personally reviewed by the author or are personal favorites of many reputable locals. Call for seasonal or current hours just to be sure. Remember to drive safely being aware of children, pets, wildlife and other vehicles. If a page number is in front of the name than there is an additional review. For additional information view the Fort Bragg - Noyo Harbor home page on the parent website www.northofs.com Blessings and Bon Appetite!

RESTAURANT	TYPE of FOOD	ADDRESS	PHONE
1. A Frame Espresso Stop	Espresso / Snacks	1101 S. Main Hwy 1	964-0199
2. Angelina's Restaurant	Mexican-American	400 S. Main	964-1700
3. Bay View Restaurant	Seafood - Steaks	1011 S. Main Hwy 1	962-3035
4. Bernillo's Pizzeria	Pizza	220 E. Redwood Ave.	964-9314
5. Cafe del Mar	California Organic	542 N. Main	409-5115
6. Cafe One	Organic California	753 N. Main	964-3309
7. Colombi's Market Deli	Deli Sandwiches	647 E. Oak	964-5773
8. Cowliks Ice Cream Parlor	Homemade Ice Cream	250 N. Main	962-9271
9. Crow's Nest Bar & Cafe	Seafood - Steaks	1011 S. Main Hwy 1	962-3035
10. Cucina Verona	California-Italian	124 E. Laurel	964-6844
11. D' Aurelos Italian	Italian-Pizza	438 S. Franklin	964-4227
12. David's Restaurant	American	163 Boatyard Dr.	964-1946
13. DJango's Bar Cafe	Seafood-American	32096 N. Harbor Dr.	962-0100
14. Dolphin Isle Marina Cafe	American	32399 Basin Road	964-4113
15. Down Home Foods	Natural Food & Juices	115 S. Franklin	964-4661
16. Eggheads Restaurant	American	326 N. Main	964-5005
17. GG's Thai Cafe	Mexican-Thai	500 S. Main	961-0830
18. Harvest Market	Buffet Entrees	Boatyard Center	964-7000
19. Headland's Coffee House	Mexican-American	120 E. Laurel	964-1987
20. Home Style Cafe	American	790 S. Main	964-6106
21. Jenny's Giant Burgers	Drive In Food	940 N. Main	964-2235
22. La Bamba	Mexican	124 N. Franklin	964-7747
21. La Playa	Mexican Cuisine	760 S. Main	964-4074
22. Laurel Deli Cafe	American	401 N. Main	964-7812
23. Lee's Chinese Restaurant	Chinese	154 E. Redwood	964-6843
24. Los Gallitos	Mexican Cuisine	130 S. Main	964-4519
25. Luna's Italian Ristorante	Northern Italian	223 N. Franklin	962-3093
26. Mara's Coffee Cafe	Espresso / Snacks	18180 N. Hwy 1	961-6141
27. Mayan Fusion	Seafood-Mayan	418 N. Main	961-0211
28. Mendocino Cookie-Zappas	Espresso / Snacks	303 N. Main	964-0282
29. Nit's Thai Cafe	Thai-American	322 N. Main	964-7187
30. North Coast Brewing Co.	American-Craft Beer	444 N. Main	964-3400
31. Piaci Pub & Pizza	American-Pizza	120 W. Redwood Ave.	961-1133
32. Redwood Coast Senior Cntr	Salads & Lunch	490 N. Harold	964-0443
33. Relish Hot Dogs & Sausage	Soup-Salad-Sandwich	260 N. Main	962-0633
34. Roundman's Smokehouse	Meats&Sandwiches	412 N. Main	964-5954
35. Round Table Pizza	Italian-Pizza	740 S. Main	964-4987
36. Sea Pal	Seafood-American	32390 N. Harbor Dr.	964-1300
37. Silver's at the Wharf	California Cuisine	32260 N. Harbor Dr.	964-4283
38. Taka's Japanese Grill	Japanese	250 N. Main	964-5204
39. The Q	BBQ	418 N. Main	964-9800
40. Taqueria Ricardo	Mexican-American	647 E. Oak	964-8684
41. Vinny's Pizza & More	Italian-Pizza	111 Boatyard Dr.	961-0580
42. Viraporns Thai Cuisine	Thai-American	16810 Ocean Dr.	962-0717

FORT BRAGG, CLEONE and WESTPORT LODGING LISTINGS

Each of these Bed n Breakfast Inns, Hotels, Motels, Retreat Centers and Campgrounds have been personally reviewed by the author or are personal favorites of reputable locals and visitors. Call for seasonal or current hours just to be sure.

Remember to drive safely being aware of children, pets, wildlife and other vehicles. If a page number is in front of the name than there is an additional review. For additional information view the Albion-Little River, Mendocino home page on the parent website www.northofsf.com Pleasant Dreams and Blessings!

FORT BRAGG and NOYO HARBOR

Page	LODGING	TYPE	ADDRESS	PHONE
1.	Anchor Lodge	Rooms & Cabins	32260 N. Harbor Dr.	964-4283
2.	Beachcomber	Rooms & Suites	1111 Main	800-400-7873
3.	Beach House Inn	Rooms & Suites	100 Pudding Creek Rd.	888-559-9992
4.	Coast Inn & Spa	Rooms & Suites	18661 Coast Hwy 1	964-2852
5.	Colombi Motel	Motel Rooms	647 East Oak	964-5773
6.	Ebb Tide Lodge	Motel Rooms	250 S. Main	964-5321
7.	Emerald Dolphin Inn	Rooms & Suites	1211 S. Main	964-6699
8.	Fort Bragg Travelodge	Rooms & Suites	763 N. Main	964-4787
9.	Gray Whale Inn	Bed & Breakfast	615 N. Main	964-0640
10.	Harborlite Lodge	Rooms & Suites	120 N. Harbor Dr.	964-0222
11.	Hidden Pines Campground	Camping & RV Hook-Ups	18701 N. Hwy 1	961-5451
12.	Holiday Inn Express	Rooms & Suites	250 Hwy 20	964-1100
13.	Motel 6	Rooms & Suites	400 S. Main	964-4761
14.	North Cliff Hotel	Rooms & Suites	1005 S. Main	962-2500
16.	Ocean View Lodge	Rooms & Suites	1141 N. Main	964-1951
17.	Pomo RV Park & Campground		17999 Tregoning Lane	964-3373
18.	Seabird Lodge	Rooms & Suites	191 South Street	800-345-0022
19.	Shoreline Cottages	Cottages & Suites	18725 N. Hwy 1	964-2977
20.	Super 8	Rooms & Suites	888 S. Main	964-4003
21.	Surf & Sand Lodge	Rooms & Suites	1131 N. Main	964-9383
22.	Surf Motel & Gardens	Rooms & Suites	1220 S. Main	964-5361
23.	Weller House	Bed & Breakfast	524 Stewart St.	964-4415

CLEONE and WESTPORT

Page	LODGING	TYPE	ADDRESS	PHONE
24.	Cleone Gardens Inn	Bed n Breakfast	24600 N. Hwy 1	964-2788
25.	Cleone Campground	Camping & RV Hook-Ups	24400 N. Hwy 1	964-4589
26.	Howard Creek Ranch Inn	Bed n Breakfast	40501 N. Hwy 1	964-6725
27.	Inn @ Newport	Bed n Breakfast	31502 N. Hwy 1	962-4818
28.	Westport Beach RV Park	Camping & RV Hook-Ups	37700 Hwy 1	888-562-3429
29.	Westport Hotel	Bed n Breakfast	38921 N. Hwy 1	964-3688
30.	Westport Inn Motel	Rooms	Hwy 1 / Westport	964-5135

COFFEE, TEA or ME!

Where Can I Get an Organic Espresso, Mocha, Breakfast Sandwich, Muffin, Fruit Drink and Free WiFi between 5am and 10 pm in Mendocino or Fort Bragg?



The Drive Thru A Frame Coffee Stop just south of Fort Bragg at the NE corner of Noyo Bridge. From 5am delicious espresso, muffins, breakfast sandwiches and doggie treats. Woof!

Each of these Coffee Houses are open early in the morning from 5am to 7am - however each shop has different closing hours. The A Frame Espresso Drive Up is a local working class favorite and dog treats are also served to our furry friends. The GoodLife Cafe and Bakery in Mendocino has a variety of fresh baked goods, hearty soups, salads breakfast burritos and coffee drinks. Headlands Coffee House in downtown Fort Bragg is a cozy cafe/gallery environment with live entertainment,

Continued on Next Page

A Frame Espresso Drive Up	Drive Thru Only	Open 5am - 7pm (Sunday till 6pm)
	Espresso & Snacks	1101 S. Main Hwy 1, FB 964-0199
Frankies Pizza & Ice Cream	Indoor/Outdoor Dining	Open 11am - 8pm (Fri & Sat till 9pm)
	Espresso, Ice Cream, Pizza & Snacks	44951 Ukiah, Mendocino 937-2436
GoodLife Cafe and Bakery	Indoor/Outdoor Dining	Open 8am - 4ish Daily
	Espresso, Bakery, Deli & Comfort Food	10483 Lansing St., Mendocino 937-0836
Headland's Coffee House	Indoor Only	Open 7am - 10pm (Sunday till 5pm)
	Espresso, Mexican-American Entrees & Live Entertainment	120 E. Laurel, FB 964-1987
Mara's Coffee Cafe	Drive Thru - Indoor/Outdoor Dining	Open Daily 6am - 5pm - Indoors 6am till 2:30pm
	Local Organic Espresso & Snacks	18180 N. Hwy 1, FB 961-6141
Mendocino Cookie-Zappas	Indoor Dining / Walk Up Window	Open 6:30am - 6pm
	Espresso / Snacks	303 N. Main, FB 964-0282
Moody's Organic Coffee Bar	Indoor/Outdoor Dining	Open 6am - 6pm Daily
	Espresso & Snacks	10450 Lansing St., Mendocino 937-4843
Westport Hotel	Indoor Dining	Open Thur-Sat 5pm - 9pm (Saturday Teas at 3pm)
	Coffee Drinks & Teas, Gourmet Dinners, Wine & Beer	38921 N. Hwy 1, Westport 964-3688

Mara's just south of Fort Bragg by the world famous Botanical Gardens is all organic coffee cafe with WiFi and cozy seating. The Mendocino Cookie Company is in downtown Fort Bragg in the Company Store. Moodys Organic Coffee Bar in Mendocino is open inside with a cozy cafe gallery and WiFi access with purchase. Frankies Pizza and Ice Cream Parlor in Mendocino is a popular cafe for families, kids and pets. You can also get a good espresso or coffee drink at many



The all organic Mara's Coffee Cafe offers cozy seating, free WiFi, teas and breakfast sandwiches.

restaurants and on the north end of Fort Bragg is Denny's Restaurant which is open 24 hours and there is a Starbucks near Safeway. WiFi is available for FREE at most of the listed coffee houses. "Bee Friendly" Coffee Roaster Thanksgiving Coffee Company roasts beans on the south side of Noyo Harbor and has a tasting bar and information on Fort Bragg's status as the first "Bee Friendly City".

North of Fort Bragg is the Westport Hotel's BnB and Abalone Pub, which is open Thursday-Saturday from 5pm till 9pm, with Dorine's famous afternoon tea served at 3pm on Saturday. Teas by reservation can include herbal infusions, cakes, quiches and delicious finger food. For additional information view the Mendocino and Fort Bragg home pages at the parent website www.northofs.com Happy Travels!



At the Westport Hotel's Abalone Pub guests can enjoy espresso, mochas, and a delightful Saturday afternoon tea at 3pm. Sumptuous dinners, wines and micro brews go well with the elegant rooms upstairs. The wilderness of the Lost Coast awaits to the north.

DINING and LODGING IN NOYO HARBOR



SILVER'S at the WHARF RESTAURANT and LOUNGE

The waterfront of picturesque Noyo Harbor is at your feet at Silver's at the Wharf Restaurant, a popular Fort Bragg restaurant and cocktail lounge. In the upstairs restaurant and full bar, fresh seafood, steaks, prime rib and seasonal creations are prepared by executive chef and co-owner Silver Canal and are served with garden fresh salads, homemade chowder or soup of the day, fresh vegetables and appetizer tray. The wine list is comprised of award winning Mendocino County vintages; many of which are from organically grown grapes. With the elevator to the spacious 2nd floor bar and dining room, the Wharf Restaurant is very wheel chair friendly and boasts ocean, river, harbor and fishing fleet views. There is indoor / outdoor dining (weather permitting) and the lofty sun deck is child and pet friendly.

A variety of rooms are available. The five Waterfront Rooms beneath the restaurant are \$125/2. The Waterfront units actually extend over the river. One room is equipped for the convenience of the handicapped. The groan of pilings and lapping of waves add to the excitement. Above the restaurant is the Captains's Penthouse which includes 2 bedrooms (2-4 people - \$265), a bath, full kitchen, and living room overlooking the river. On the eastside of the parking lot are 12 economy accommodations from \$80/2.

Continued on Next Page

Top: Sports Bar Lounge with WiFi and friendly staff.

Bottom Left: Captain's Penthouse, Bottom Right: Tables with harbor, river and oceanviews.



Four rooms are pet friendly with an additional charge of \$20. Accommodations are also available at the lofty hilltop Harbor Lite Lodge with a variety of rooms and meeting facilities for groups of up to 100. Deluxe rooms (from \$169 - \$189/2) occupy the cliff and offer bath tubs, 2 queens or a king bed, color TV/DVD/HBO, microwave, coffee, refrigerators, balconies and some have fireplaces. Late at night it's just you and your loved one with the distant fog horn, the cry of overhead seagulls and powerful fishing vessels; their search lights penetrating the mist cruising by.

A walk around the fishing basin or out to the tip of the jetty overlooking the mouth of Noyo River and a dog friendly beach is invigorating. Spectacular scenery is nearby and you can charter a boat for fishing or whale watching. Why not book a family or work reunion, conference or wedding and enjoy the amenities this destination offers.

\$\$\$ SILVER'S at the WHARF RESTAURANT and the ANCHOR LODGE
Fresh Seafood and Continental Cuisine, Riverfront Rooms with Oceanviews
Lunch - 11am - 4pm daily, Dinner 4:30pm to closing daily

32260 N. Harbor Drive, Fort Bragg, CA. 95437 WiFi and Major Credit Cards
Fax: (707) 964-0254 (707) 964-4283 Res. Recommended

Website www.silversatthewharf.com

Book a Room at Harbor Lite or Anchor Lodge 1-800-643-2700 / 707-964-0221



CUCINA VERONA RISTORANTE and BAR

Located in the Historic Downtown District of Fort Bragg, Cucina Verona Ristorante and Osteria showcases Northern Italian cuisine with a Northern Californian flare. The extensive menu includes locally caught fish and seafood, organic grass-fed beef, free-range chicken, Cioppino, pasta, housemade ravioli and desserts, as well as many gluten free options. Appetizers include Oysters Rockefeller, Mussels steamed in a sherry basil cream with garlic, the Antipasto Plate and local Dungeness Crabcakes Verona, The delicious daily soups and mixed green salads with warm bread and butter and drink make a nice snack break. A sumptuous variety of desserts are also served.

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The wine list features varietals from the nearby Anderson, Redwood and Dry Creek Valleys, including gold medal winner Lula Cellars 2013 Pinot Noir, made with grapes from Chef Harris' Costa Vineyards in Comptche. On tap are locally made Scrimshaw Pilsner and Boont Amber Ale and an extensive list of microbrews by the bottle. The owners are proud to serve Thanksgiving Coffee and espresso, a local company that has been at the forefront of the Fair Trade movement for over thirty years.

Whenever possible owners Joe and Katheleen source produce from local farms, such as Lovin' Mama Farms based out of Potter Valley. For your enjoyment, they feature instrumental musical acts nightly in the main dining room, and offer a more casual atmosphere in the Osteria/Bar, which is perfect for families with small children or larger groups who want to visit with each other. They serve breakfast and lunch Monday through Saturday, as well as Sunday Brunch. Their breakfast menu boasts delicious made to order frittatas, crepes, breakfast pizza and of course, mimosas. Lunch offers big, beautiful salads, open faced sandwiches, grassfed burgers and specialty pasta. Cucina Verona is a favorite of locals and travelers who discover this elegant and classy restaurant, its healthy comfort food and full wine and beer bar.

\$\$\$ Cucina Verona Ristorante 124 E Laurel Street, Fort Bragg, CA. 95437
Northern Italian Cuisine with Northern California Cuisine, Espresso, Beer & Wine
Open Mon-Thur 8am - 9pm, Fri-Sat 8am - 9:30pm, Sunday 9am - 9pm
Website: <http://www.cucinaverona.com/> (707) 964-6844 Reservations

FAMILY HANDS

Family Hands opened their doors in 1998 in the hope of fulfilling the nich for unique and affordable home accessories here on the Mendocino Coast. Family Hands specializes in functional furnishings for every room in your home. Side tables, office tables, a kitchen island, chairs, book cases and futons.



At Family Hands bright and soft highlight rich natural wood and leather furnishings. You'll find floor and table lamps, textiles, mirrors and area rugs. Unique and whimsical gifts are found throughout the showrooms. Traditional, Asian Morden and contemporary - stop by and be inspired!

\$\$\$-\$\$\$ FAMILY HANDS 200 East Redwood, Fort Bragg, CA. 95437
Fine Gifts and Furnishings Open daily 10am - 5pm (707) 961-0236

The QUARRY

Many say of The Quarry "great prices, wonderful place to shop for crystals and gemstones - a favorite". Owner Rhonda Stoker is kind and generous and well informed of the merchandise she displays in her cozy shop. Rocks inspire us. Those who have a corner of their home or office filled with a intimate collection of rocks, minerals and gemstones are

rich indeed.

At The Quarry in historic downtown Fort Bragg you can see and touch tiny fragments of the building blocks of the Universe. It is very exciting. Proprietress and avid collector Rhonda Stoker showcases hundreds of rocks, minerals and gemstones from around the world. In addition she sells jewelry, jewelry making supplies, gold and silver findings, cut and rough stones, natural stone beads, pearls, sea shells, petrified wood, prehistoric scenes, meteorites, rock-hound tools and equipment, Native American artifacts and technical guide books and maps. Like puppies and kittens in a pet store, some of the stones and minerals will pull on you. Some will actually enhance your physical and emotional well-being and you should purchase them for your home collection.

\$\$\$-\$\$\$ THE QUARRY

Rocks, Minerals, Gemstones & Jewelry
Open 10am - 5pm Daily

Cash, Approved Cks & Credit Cards
142 E. Laurel, Fort Bragg, CA. 95437
Information: (707) 961-1200



WESTPORT HOTEL and OLD ABALONE PUB

The Westport Hotel is a historic Victorian Bed & Breakfast (circa 1890) located on Highway 1 at Westport. Long time residents Dorine Real and Lee Tepper lovingly renovated the historic hotel, honoring its past, yet bringing it into present time for your enjoyment. Upstairs are six comfortable rooms with private baths and ocean views, accommodating couples or groups of up to 12. Rates for 2 from \$150. Ocean access is across the street where a platform to gather for whale and bird watching by day and stars by night can be enjoyed. The bride, groom and wedding party can have the most inspirational weddings and receptions here at the Westport Hotel.

In the newly remodeled hotel guests can enjoy the olde fashioned dining room with a hot breakfast dish accompanied by scones and fresh fruit. Delicious organic mochas or lattes can be prepared in the Old Abalone Pub bar where a variety of micro-brewed beers and California wines are also served. The food is absolutely delicious. Dorine and staff have a wonderful instinct for consciously combining ingredients that are unusual, yet still very much comfort food. Classic pub food and intriguing special dishes are served on weekends and to the Westport Hotel guests mid-week. Of special note are Dorine's afternoon teas served at 3pm - 5pm Saturdays or on special occasions by arrangement. Reservations advised to this very special oceanview hotel.

\$\$ WESTPORT HOTEL 38921 N. Hwy 1, Westport, CA 95488
Bed and Breakfast and Dinners Old Abalone Pub Bar Beer and Wine Bar
Six Rooms Guest Sauna & Jacuzzi Tubs Credit Cards Disc, MC & Visa
Email: info@westporthotel.us www.westporthotel.us Res. (707) 964-3688



FREY VINEYARDS, WINERY and FARM

The Frey family settled in Redwood Valley in the 1960's where they instilled their children with love and respect for the natural environment. They first planted cabernet sauvignon and grey riesling on the ranch's old pasture land and sold the fruit to nearby wineries. A decade later, brothers Jonathan and Matthew realized the vineyard's potential when cabernet grapes harvested from the Frey vineyard won a gold medal for a Santa Cruz winery. Eldest son Jonathan and his wife Katrina studied organic agriculture with British horticulturist Alan Chadwick and introduced high-integrity organic practices. Frey was the first in the United States to introduce Biodynamic® grape production in the wine industry. Mathew learned the mechanical and technical skills of the wine business to create a sustainable organic green business in every step of the wine making process.

Today the Frey family produce over 220,000 cases of wine from their 250 acre estate and another 50 acres they lease. Vintages include Zinfandel, Cabernet Sauvignon, Sangiovese, Pinot Noir, Petite Sirah, Syrah, Merlot, Chardonnay, Sauvignon Blanc, Gewurztraminer, rose and a red and a white table wine. Biodynamic® grown vintages include Zinfandel, Merlot, Petite Sirah, Sauvignon Blanc, Chardonnay and Cabernet Sauvignon. Frey wines have won gold, silver and bronze at many of the local, state and national competitions.

The Frey family estate vineyards grow at 1,000 foot elevation in pristine Redwood Valley. They use no petrochemical based fertilizers, herbicides, fungicides or pesticides. Only elemental sulphur is used in the vineyards with all natural fertilizers and water from the Russian River aquifer. Cows, goats and sheep are part of their holistic land management. Rather than spray, for example, they encourage beneficial insects to live near the vineyards in the native blackberry bushes. Blessed by several green thumbs, the Frey Ranch is dotted with gorgeous food and ornamental gardens.

Winter cover crops line the rows off-season to rejuvenate and balance the soil. Fruit is harvested at optimum ripeness and certified organic yeast is used during the wine fermentation process.

Because of organic and biodynamic® growing standards the field workers tend the vines in a healthy and just working environment. The neighbors (both domestic and wild) don't have to worry about dangerous chemicals and pesticides.

The Frey Family honor a sacred partnership with nature in their vineyards from the tiniest spider to the peaceful deer. Such vintners make the best neighbors.



Conscious consumers can enjoy the Frey Organic Wine Club with hand picked selections delivered to your doorstep three times a year (April, September and November). Click here to learn about [Organic Wine Club](#) the “Full Moon” and “New Moon” Shipments. Find out where Frey wines are sold near you by visiting their website for [Frey Wines Near You](#).

\$\$\$ FREY VINEYARDS 14000 Tomki Rd., Redwood Valley 95470
Tours, Tasting by Appointment www.freywine.com info@freywine.com
Major credit cards Fax: (707) 485-7875 (707) 485-7525 800-760-3739
Open Monday - Friday from 10pm - 5pm and weekends by appointment.



Tours, Beekeeper Luke Frey began the tradition of caring for honeybees on the Frey Ranch over 25 years ago. Carolyn, Molly and Katrina, and helpers Dan and Johnny, entered the scene in 2007. Today the Freys have four colonies on their ranch. They are proud to practice holistic organic beekeeping, which emphasizes the needs of the bees, not the beekeepers. Fortunately, because of the pioneering efforts of the Frey family, more vintners are catching on to the social, economic and spiritual benefits of being a good neighbor to nature.

WILLITS & HOPLAND



MARIPOSA MARKET

Located in the geographic heart of Mendocino County is Mariposa Market. Owner Mary Anne Trevey opened the market in 1979 in Willits, with a commitment to offer the community fresh local produce. The store grew quickly into a full service natural grocery with an emphasis on organic and local foods. Mariposa Market's mission statement contains support for sustainable farming

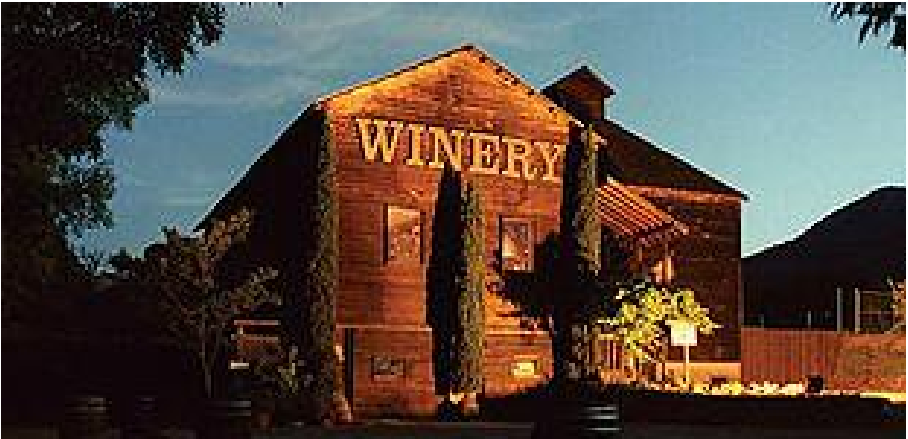
and for selling the healthiest products, both for the humans and the planet. In this store you will find bulk foods, a complete grocery department, California cheeses and local meats, fresh organic dairy products, and exceptional produce. The deli/café features delicious homemade selections as well as many "grab and go" items to take with you. It has indoor and outdoor seating. Craft beers and local wines are featured as well as a tastefully arranged gift section and a complete health and beauty aisle. Visit us on Facebook or visit this unique store for a real taste of Mendocino.

\$\$\$ MARIPOSA MARKET

500 S. Main St., Willits, CA. 95490

Full Service Natural Foods Store, Deli and Espresso Open daily 8am - 8pm

Cash & Credit Cards Website: www.mariposamarket.com (707) 459-9630



MILANO FAMILY WINERY

The first “mom and pop” winery on Highway 101 in Mendocino County is the Milano Family Winery which is located in an original, old hop kiln, near the Russian River just a mile south of Hopland. Vintners Ted & Deanna Starr bought the winery in 2001. Deanna learned wine making on the job. She and Ted are both committed to making award winning wines, some from organically grown grapes. Selecting the finest grapes from local vineyards, they produce small lots of handcrafted wines using traditional methods. New creations, in addition to their signature Cabernets and Zinfandels, include Carignan, Syrah, Petite Sirah, Cabernet/Syrah blend, Merlot, Petit Verdot, Late Harvest Zin, Port and more. Visit their tasting room, giftshop and share these and other rare bottlings from their wine cellar. There is a picnic area with sufficient parking for RVs or campers. Willie the pot-belly pig, Spic & Span the pygmy goats and Buster the donkey are fun to watch along with geese, ducks, chickens and tortoises. Because of the busy highway it’s a good idea to leash dogs.

Deanna worked in healthcare for over 20 years, starting out as a Registered Nurse, then spent many years in management for physician medical groups and home healthcare. Her chemistry background comes in very handy – analyzing wine for just the right balance of components. Besides having had a long time interest in wine and winemaking, she is also a gourmet cook who is using her tastebuds to creating flavorful, memorable wines – leaving you always wanting to come back for seconds! The Starrs love of wine has led them to collect an extensive personal cellar and they have a passion for Port. There is a wine club.

Milano Winery, which was the first winery established in Hopland, has been family owned and operated continuously in the old hop kiln since 1977. The hop kiln and winery have deep historical roots in Mendocino County. You’ll enjoy visiting Deanna and Ted who love to inform and entertain.

\$\$\$ MILANO FAMILY WINERY 14594 S. Hwy 101, Hopland, CA. 95449
Tasting, Retail Sales, Tours, Picnic Area & Giftshop www.milanowinery.com
wines@milanowinery.com Open 10am-5pm 800-564-2582 or 707-744-1396